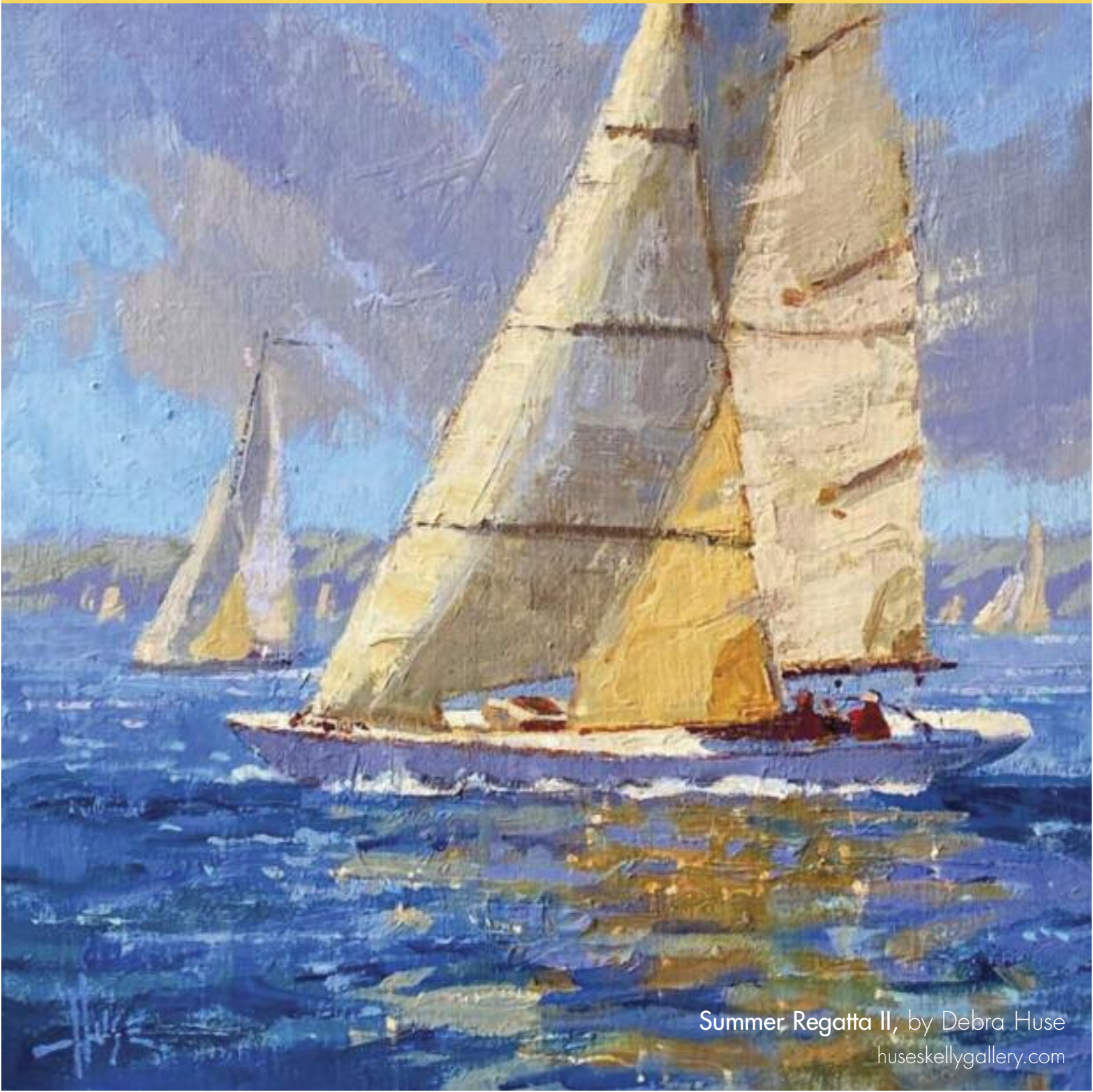


THE ISLAND

BRIDGE

JULY-SEPT
2020

The Only Official Balboa Island Newsletter - Published by the Balboa Island Improvement Association since 1919



Summer Regatta II, by Debra Huse
husekellygallery.com



PRESIDENT'S MESSAGE

by Terry Janssen

By the time you are reading this article it will be late July and a lot can happen between quarterly issues of The Island Bridge. I sat in a meeting this afternoon and one of the "side bars" was what do we do with our masks after this thing blows over? Here are a couple of thoughts. For those of you that are vane your mask could be used to hold up your saggy chin instead of surgery. Certainly much cheaper than plastic surgery. Your grandkids could use them as a slingshot. We need to be honest here, who would want to keep some device with a bunch of snot and boogers included? I rest my case.

On the more serious side, these times have been the most difficult times of our lives. We have been spoiled with the "good life" for years and this is a huge change for all of us and maybe it gives us an opportunity to really count our blessings. We are very lucky to live where we do...it just doesn't get any better than this.

The BIIA is still active and even with the cancellation of the parade and other events, we have been involved in many important issues. We relayed your comments to the City related to the closure of the boardwalk in April. We also took your feedback and worked with the City of Newport Beach on the recently approved a cottage preservation incentive ordinance and attempt to improve the third story impact on surrounding homes from new homes being built on the island..

As new life changes are implemented we'll probably need to accept many or at least some that we don't agree with. It's my opinion that we need to just adapt and live day by day and plan our futures accordingly. We are a strong Nation and will survive and it is my hope that we'll be stronger for it. Enjoy the summer, stay safe and keep your distance.



STAY SAFE!

THE ISLAND BRIDGE

JULY-SEPT 2020



Summer Regatta II, by Debra Huse
Huse Skelly Art Gallery
huseskellygallery.com

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The BIIA is always in need of volunteers, contact Terry Janssen 949-933-0283 to see how you can help. Meet your neighbors, have fun, and improve Balboa Island life!

If you have a story or photo related to the Island you would like to share, please email to Jon Remy:

jtremy@yahoo.com

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NEWS & NOTES

The City of Newport Beach has just released the "Newport Ready Guide" which is a thorough statement on emergencies. As the introduction states the Guide "outlines important disaster preparedness information essential for all residents before, during, and after a disaster occurs." It is available on the city website <www.newportbeachca.gov/readynb>.

All of the information we have discussed in various CERT communications is included, as well as other useful pre/during/post emergency information, in a careful, orderly and detailed way. It would be an excellent resource to print and include in your CERT emergency bag.

Another beneficial activity for these waning days of stay-at-home would be to review emergency plans and preparations. If you are not with your family in an emer-

gency, do you all know where to meet? Do you all know an out of area phone/person to connect with for exchange of information? Have you checked and updated your emergency bag? Does everyone in your household know where it is located? Are your emergency food and water supplies still within use by dates and of sufficient quantity? Is there anyone in your neighborhood who would need assistance in an emergency? As always, we hope that we never need any of our preparations!

Until this current situation is completely over, do stay safe – be spatially distanced, wash your hands, and wear your mask.

*Sue and Ed Siebel
Coordinators:
Island EmComms
Balboa Island CERT*



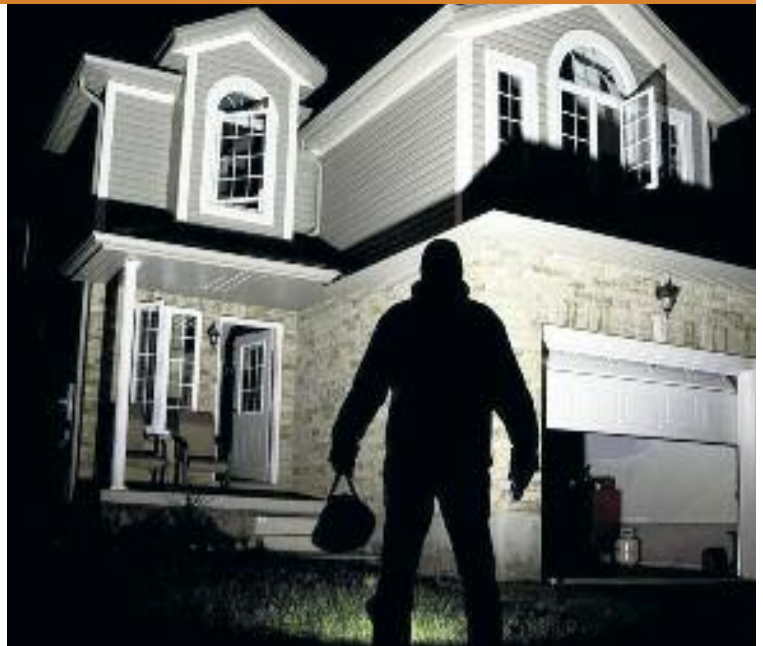
NEIGHBORHOOD WATCH

by Kristine Taft

Firstly, there has been a change in the Newport Beach Police Department (NBPD) leadership. **Lieutenant Ryan Peters** has officially taking over Leadership of our Area 3 and will be working with our Neighborhood Watch Captains.

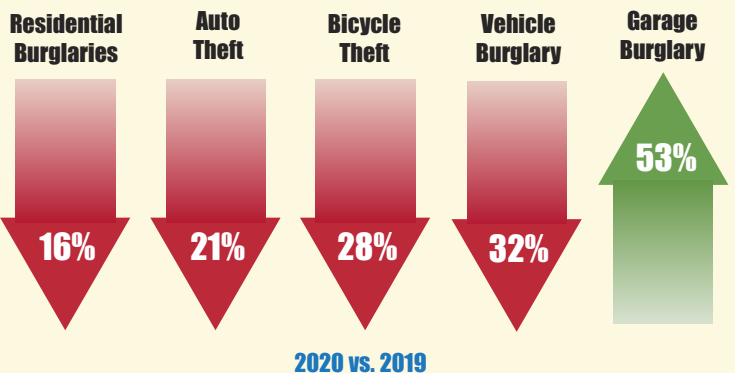
Good News for a change, at the latest Neighborhood Watch meeting with NBPD I was advised that Year To Date (April 2020), Crime (Violent & Property Crime) is **down 14.5%** compared to the same time in 2019.

I would be happy to provide any information I have received from NBPD at your request and if you would like to be part of Neighborhood Watch Team, please email me at ktaft1018@yahoo.com



All 2020 Garage Burglaries YTD:

No Forced Entries, 12 occurred in April and the common trends were Unsecured garage doors and Exterior access pedestrian doors unlocked. Lieutenant Peters indicated that these type of burglaries are up due to the fact that COVID-19 has kept us all at our homes and that we are living with this false sense of security about where we live. It is more important now, during these unprecedented times to **KEEP ALL DOORS LOCKED!**



BALBOA ISLAND CART PARADE

On June 7th, Balboa Island had its first Golf Cart Parade to thank Essential Workers and celebrate our 2020 Graduates. Over 40 decorated carts participated and traveled up and down the streets of the island to awaiting residents... a great event, and with proper Social Distancing, all carts stayed 6 feet apart!



Organizer, Dennis Bress

THANK
FRONTLINE
ESSENTIAL
AMERICAN WORKER
YOU!!





CONGRATS 2020 GRADS!



Duke Hoey
 Corona del Mar High School.
 AP Scholar
 Capt. Newport Mesa Ice Kings
 Attending San Diego State University
 Major: Marine Sciences



Campbell Hearne
 Corona del Mar High School.
 Plans to attend
 University of Arizona.
 Go Wildcats!



Rebecca Hogue
 Phd, UC Davis.
 Doctorate in English
 and will be teaching at
 Harvard University this Fall.



Bryton LaPlante
 Newport Harbor High School.
 Plans to attend USC.
 The LaPlante family has lived
 on Balboa Island since 1964.

Tim Mang...



Mang with his late, white scottie Chelsea. He started the duffy-boat tours 20 years ago.

By
Pete
Weitzner

...Game, Set, Tour.



We all have stories.

Tim Mang's lived in Newport Harbor for 75 years. More stories than most. And Mang can spin 'em.

"Right place. Right time. Very fortunate," Mang said.

"I grew up here, all the kids, we took it for granted. Sail across the bay and have lunch at a buddy's house."

Mang had a young athlete's temerity, a Newport surf kids' fearlessness, to get access to the celebrities that migrated south from Hollywood for that miracle time between the 1930s and 1960s. That Newport Harbor-Hollywood Golden Age.

Mang's stories are no brush with greatness, no sighting of **John Wayne** buying melons at Hershey's Market.

Mang does have stories about Newport's first citizen, and so many more who flooded to the world's largest, small harbor during that time. They shot films, all over Newport. They came to sail, and many were good sailors.

Pedigree

His family led the migration to the Harbor.

"My uncles helped develop Lido Isle, built sidewalks, underground utilities for The Griffith Co., Mang said. My mother went to Newport Grammar School by the pier in 1916. First grade."

Carroll Beek babysat Tim and his brother. "Just twice." "Ever left Newport?" I asked.

"Went away to school at University of Nevada-Reno, Mang said. Came back...as soon as I could."

Even in high school he took an acute interest in the folks who were discovering and growing the Harbor – the businesspeople and the celebrities.

"They mostly wanted to be left alone, and to sail, and party, I got that," Mang said.

Hollywood historian **Bob Verini** observed as much in a New York Times story in 2019, "Where Hollywood Stars Found Safe Harbor."



Ahoy: Hollywood Actor/sailor George Nader, one of many who discovered Newport's Harbor, along with close friend Rock Hudson

"There was no privacy in Hollywood, Verini wrote, but when they got on the water and beyond the three-mile limit out there, they could drop all the pretense and be their authentic selves."

"No one bothered them here," Mang said. But Mang was no Zelig or Tom Buchanan. At 13, he wedged into a small role in **Jack Lemon** and **Lee Remick's**

"Days of Wine and Roses." His mom **Ruth** greased his entrée, but he moved easily among Newport-Hollywood and local industrialists. He dated Candy, actress **Candice Bergen**, who lived with her ventriloquist dad on Lido Ilse.

"**Charlie McCarthy** had the bigger room in the Beverly Hills house, Mang said, he made the money."

He's lived a local celebrity life as well, beyond extra roles in feature films, and was somehow privy to stories few know and "many that I can't tell in polite company."

His Story

Tim Mang is 78, born in San Marino. His silent-film actress mom took the family South when Tim was three. 6'3 Tim Mang excelled at beach volleyball, but he'd go on to become the first inductee into the National High School Tennis Coaches Hall of Fame.



Mang gives guests “the real history of Newport Beach”

36-year coach – 20 at Edison in Huntington, last 16 at Corona del Mar. He coached 12 All-Americans, **Taylor Dent** reached #21 in the world.



Duke holds a tennis racquet – only time and looks don’t lie.



Coach/Pupil: Dent topped Mang’s long list of Mentees



Mang was a charter inductee into HS Coaches Hall Of Fame

For 20 years he hosted the National Inv’l Boys HS Tennis Team Tournament at Palisades Tennis Club, next to iconic Hyatt Newporter. The Duke himself opened Palisades in 1974, with a 45-year lease for \$1. Good negotiating for an actor – the photo above said to be the only time The Quiet Man held a racquet.

Mang’s spring tourney, featuring the US’ most promising players, took a COVID-mandated break this March, first in 21 years.

Coach Tim mentored players. Young Tim and running mates were “playuhs.”

They’d live on Balboa Island in nine-month rentals, switch to the garage and sublet during spring break (Bal Week), for drinking money. They’d shift to Costa Mesa for the summer, then return.

“All the guys met at the Village Inn. The place to go. Many fun times those years,” Mang said.



“Place to go,” Mang said of “The VI”



As his coaching career eased, Mang had free time. The tennis coach had been told enough times that he was a pretty fair raconteur.

“I started (Harbor) tours – about 20 years ago, with my friends’ Duffy, Mang said, when old friends come to town, or I’m dating somebody.

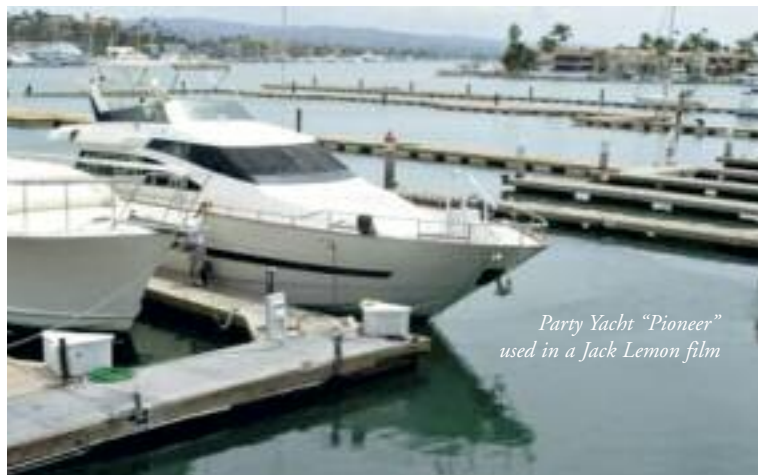
Continued on page 8

But if they're too drunk, they interrupt my spiel. Sometimes I'll give them a test at the end, and they start getting nervous."

Mang taught geography at Edison. He's a classically, easy-going Newporter, but serious about history, especially Newport Harbor.

"I'd ask kids to name the seven islands in the Harbor. They get Balboa. #1. Then they say Fashion Island, and Catalina."

The man has work to do. His boat tours are three hours – naturally – and the best deal this side of the Ferry. **Free.**



Party Yacht "Pioneer" used in a Jack Lemon film

A bargain at 1,000 times the price.

"It's still beautiful, Mang notes, a lot more crowded. I give them the real history of Newport Beach. They love it. And they always want to come back and do it again."

The guide is relentless, enthusiastic and effortless. No notes, non-stop. His narrative splashed with history, tales widely known to Harbor devotees, unique to most others, and always delivered with reverence for The Golden Age, and the icons who loved the Harbor, exploded it.

Tour Sliver

Here's a taste of Mang's Harbor tour. We approach Bayshores, via Lido Channel:

"We're coming to the beach. It's marked by three sagging palm trees, Tour Guide Mang says, you can't miss it from almost anywhere."

Every five kilometers, the tennis player has an ace up his memory.

"Where we are right now, it's where The Swift – owned by **Bill Cagney**, actor-brother of **James Cagney**, Oscar winner for "Yankee Doodle Dandy," – was moored. **Nicholas Cage's** house was right here, before that it was **William Cagney's** house."

We turn the bend in Lido Channel. "We're coming upon John Wayne's house. Only one he owned was this one."



Argiros home on Harbor Island

Really? Several stories behind that, and more about The Duke, Bogie, Cagney and that notorious ranch-house on Collins Island.

We cruise past what was **William and Sarajane Jane Bartholomae's** 22-room brick mansion on East Bay Front on Balboa Peninsula. He relates in rich detail the notorious story of oilman William Bartholomae's demise. And he laments what became of the Bartholomae house and so many others.

"Bartholomae, look it up, beautiful brick house. Now it's three houses, Mang said, like on Harbor Island, the Home Savings & Loan guy, **Ahmanson's** house." Not every home is an Island memory.

"Right there, that was **Ruby Keeler's** house, Mang says, of the "42nd Street" star. It's the same house."

So is the Cagney house, also ranch-style, on tiny Collins Island. If that house could talk! But Mang can.

He knows who the only lady allowed to enter the Collins Ranch was – one of many Harbor mysteries he solves for acolytes.



"About four-to-five guys would play poker there, Mang said. All sailors. Dock their boats in this area. They'd put a real bender on."

Would have been a fun game to join – **Cagney, Tyrone Power, Errol Flynn, Humphrey Bogart, Frederick March.**

Continued on page 9

Oh, the 'lucky' woman?

"That was **Betty (Lauren) Becall**. She was 18. They'd have her come in and clean, cook for the guys." Seems Bogie did the whistling then. New York Lauren later told hubby to "put your lips together and..."



Bogart docked the Santana here, loved Newport Harbor. Lauren?

Well, you know.

Road Tour

Mang's started performing his "Golden Age of Newport Harbor" tours by-land in his 1987 Rolls-Royce Corniche. Not easy.

"Hard to drive and talk and point stuff out, especially around here."

In early 2019 I joined with the Balboa Island Museum Newport Beach to co-produce their Legacy Video Project, short films on the people who made Newport Harbor such a special place. We're at 30 and counting. On my very first round of calls, several targets urged, "Have you called Tim Mang yet?" **I called. We were fortunate.**

"Newport's Golden Age" Project

The Balboa Island Museum and Historical Society is producing a virtual-Harbor tour with Tim Mang – all about that Golden Age of the intersection of Newport and Hollywood. "All the stories I'm able to tell in polite company," Mang said. Look for the trailer soon in your daily Museum email blast and on other social media.

You can also enjoy a "Legacy Video" on Tim Mang, "Tennis Player to Island Playuh," on the Museum's website, <https://www.balboaislandmuseum.org/oral-history/>.



Think you or a friend or Newport Beach neighbor is Legacy worthy? Please let us know. Just email or tweet at **Pete Weitzner** at weitzner@chapman.edu, @Weitzner or © 949-291-1316.

Sand, Sand, Sand...and a Swim Float!



by Tom Houston



RUBY SWIM FLOAT

You might have noticed, if you're walking (Not staying confined to your house) that beaches on both of our

islands have had sand pushed up from the low tide zone to provide greater areas to put down a towel and enjoy the beach, view and sun, with friends and family.

Once again the City is funding this project using long time local contractor, Tight Quarters.

The BIIA has worked closely with the City, the BIYC and local islanders to fulfill as many of our needs as possible. But with all this talk about sand, what about a SWIM FLOAT!

As many of you old Islanders recall, there used to be a float in the roped-off area at North Bay Front and Ruby. After much work and diligence by Islanders and the City, we have a new float at Ruby for everyone to enjoy! Thanks to the Newport Beach City Council, and island resident **Lee Pearl** for making this happen!

An added bonus with reconfiguring the sand, it provides our local sand sculptor, **Chris Crosson** better material to work with. Thanks Chris, keep it up!



Featured Pot

Jennifer Niles
Sapphire & South Bayfront

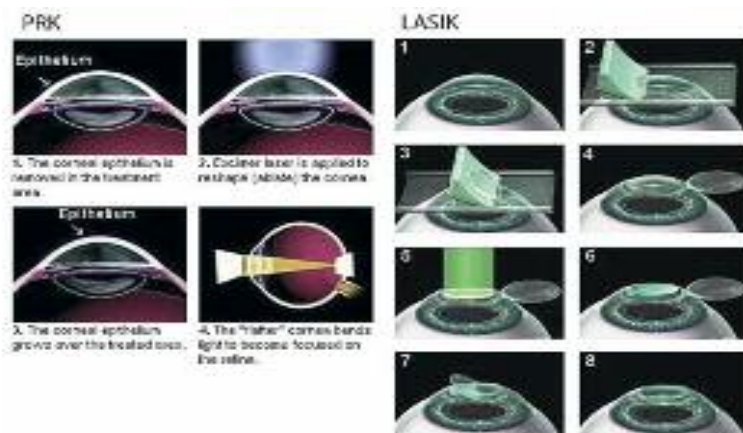


2020 vision

You have all heard the term 20/20 vision when having an eye exam. I would be remiss if I did not talk about vision in the year 2020.

I thought I would talk briefly about some of the current vision care options that are available as we age and our vision is not what it used to be.

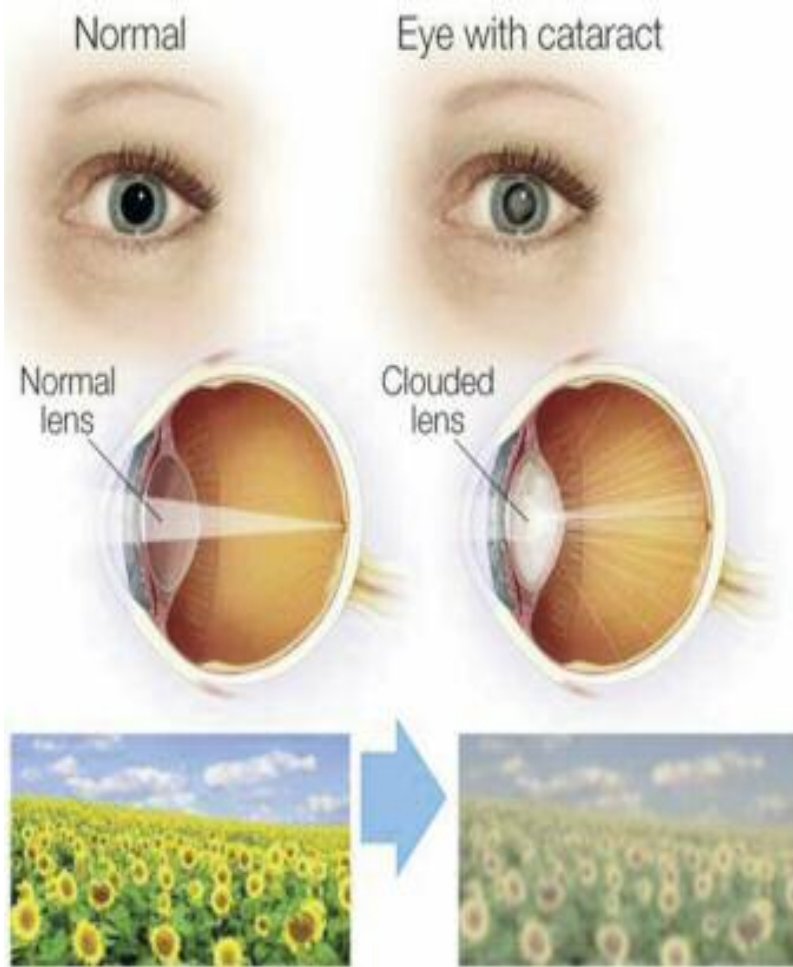
As we age our sight suffers the effects of cellular changes. Vision impairment before the age of 40 is generally a result of the shape of the eye ball itself and/or the cornea or natural lens. The condition is called MYOPIA and its symptoms include the inability to clearly see things at a distance (nearsightedness). Treatments include eye-glasses, contact lenses and refractive surgical procedures such as PRK (Photo Refractive Keratotomy) and LASIK (Laser Assisted In-Situ Keratomileusis). Both procedures of which involve a reshaping of the cornea of the eye.



As we advance in age our vision undergoes some natural aging processes. Around 40-45 years of age we begin to lose our ability to focus. The natural lens of the eye begins to harden, we are unable to flex the muscles of the eye which help us focus. Overall, we lose ability to read fine print or to see clearly at a near distance (farsightedness). This condition is called PRESBYOPIA.

This is when we purchase our first pair of reading glasses. In time we might develop a CATARACT in the lens of the eye. This condition prevents the transmission of the image to the retina. When the cataract blocks too much of the light the result is blurry to blinding vision.

The treatment is a surgical procedure to remove your natural lens and implant a new lens of which there are many types to choose. The selection is done by you and your surgeon to determine which is best suited for your needs.



These are some of the conditions we experience with our vision throughout our lives. Others include floaters, dry eye and tearing. To give ourselves a fighting chance as we age it is important to strive for optimal health, visit our physicians regularly and take care of ourselves. Eat well, exercise, and wear UVB rated sunglasses to protect your eyes from the harmful rays of the sun.

Senior Buzz



by Diane Mondini, Caring Companions At Home

Tips to help seniors deal with the COVID-19 health crisis



Adults age 65 and older are at a higher risk of contracting severe illnesses, including coronavirus (COVID-19). That is why it's especially important for older adults to take preventative health measures during a pandemic. At this time, practicing social distancing can help seniors stay safe and healthy.

Under normal circumstances, older adults may experience loneliness and depression. But with the cancellation of many community events and disruption of everyday activities due to COVID-19, the senior population can feel even more isolated.

As stress and anxiety about the outbreak increases, seniors may also experience changes in sleep patterns and worsening signs of depression and dementia.

According to the Centers for Disease Control and Prevention (CDC), there are several ways seniors can stay happy and healthy during this difficult time:

- **BREAK AWAY FROM NEWS COVERAGE.**
Watching, reading, or listening to constant news and social media stories about COVID-19 can increase stress and anxiety.
- **CARE FOR YOUR PHYSICAL HEALTH.**
Try to maintain your personal hygiene, eat a balanced diet, exercise regularly and get plenty of sleep.
- **MAKE TIME TO REST AND RELAX.**
Every day set aside time for fun activities you enjoy.
- **STAY CONNECTED WITH FRIENDS AND FAMILY.**
Reach out to your trusted loved ones to share your concerns and feelings.
- **CALL YOUR HEALTHCARE PROVIDER FOR SUPPORT.**
If you are feeling overwhelmed several days in a row, ask for help from your healthcare team.
- **ACT IF STRONG EMOTIONS PERSIST OR WORSEN.**
If you, or a loved one, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or feel like you may harm yourself or others, call 911 for immediate assistance.

During this challenging time, friends and family can be an important support system for seniors. Even while social distancing to keep elderly loved ones safe, people can still find ways to connect with them.

Here are some easy ways to help older adults cope with the stress:

- **MAKE A VIRTUAL VISIT.**
Setting up a video chat, making a phone call or sending a quick text message can go a long way in helping older adults feel connected.
- **SEND SNAIL MAIL.**
Take the time to write a physical letter or send pictures of your favorite memories together. This small act of kindness can bring older adults' comfort and hope.
- **BRIGHTEN THEIR SPACE.**
Help seniors feel upbeat and positive by keeping their living spaces well-lit. Gift a flower arrangement to add a cheerful pop of color to their home.
- **ENCOURAGE PROPER HYGIENE.**
Send little reminders to your loved ones to wash their hands often and bathe daily.
- **BE MINDFUL OF MENTAL HEALTH.**
Remind older adults to think positively and relax with fun activities like puzzles and other games.
- **TAKE A WALK DOWN MEMORY LANE.**
Reminiscing about happier times can help improve memory function and bring older adults hope, even while they are staying inside their home.
- **KEEP NEWS TO A MINIMUM.**
The constant media coverage about COVID-19 can be overwhelming for older adults. Suggest they only check one or two reputable news sources a day for the latest information.
- **LEND A HELPING HAND.**
Offer your care and support during this challenging time. Let your loved one know you're just one phone call away if they need anything.

Finding ways to help elderly loved one's cope with anxiety and stress can help them stay healthy and hopeful. If you notice stress beginning to interfere with your loved one's daily life, encourage them to reach out to their healthcare provider.

For more information, please visit the CDC's website on keeping older adults safe both physically and mentally.

You can also call Caring Companions At Home at 949-574-0750 for more resources.



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Balboa Island, CA 92662

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